

Cosmetology I

History & Influences of the Cosmetology Industry ¹

- 1 History of Cosmetology: Research historical and significant milestones that influenced cosmetology changes from the beginning of civilization to the present. Identify significant time periods and major impacts of the cosmetology trends on the progression of various styles and progression of tools and equipment. ^{1.1}**

- 2 History of Techniques: Identify and compare ancient methods that have evolved into techniques being used today. Compare and contrast the dramatic changes in cosmetic and hair styles and treatments. ^{1.2}**

- 3 Influential Beauty Industry Professionals: Research and identify the contributions of major influential individuals (historical and current professionals) of the professional beauty industry and align their contributions with current beauty trends. Examples of significant contributors include, but are not limited to: ^{1.3}**
 - a Max Factor ^{1.3.A}
 - b Vidal Sassoon ^{1.3.B}
 - c Madam C.J. Walker ^{1.3.C}
 - d T.L. Williams ^{1.3.D}

Cosmetology Career Exploration 2

1 Career Pathways: Analyze career pathways within the cosmetology program of study. Use multiple sources, such as local job postings and Tennessee Department of Labor and Workforce Development data, to describe the education requirements, job availability, salaries, and benefits. Careers may include the following, but are not limited to: 2.1

- a Salon Hairstylist 2.1.A
- b Salon Owner/Manager 2.1.B
- c Skin Care Specialist 2.1.C
- d Nail Technician 2.1.D
- f Makeup Artist 2.1.F
- e Natural Hair Stylist 2.1.E
- g Cosmetology Instructor 2.1.G
- h State Board Examiner 2.1.H
- i Photo/Movie/Theatre Stylist 2.1.I
- j Platform Stylist 2.1.J
- k Cosmetic Sales Representative 2.1.K
- l Cosmetic Research Chemist 2.1.L

2 Personal Characteristics and Aptitudes: Describe personal characteristics and aptitudes, including 21st century skills, needed by cosmetologists. Create a rubric for self-assessing 21st century skills and use it to evaluate course assignments and personal work. Examples include the ability to: 2.2

- a Communicate verbally and nonverbally in a respectful manner with clients and coworkers 2.2.A
- b Work effectively in teams and resolve conflicts when necessary 2.2.B
- c Demonstrate a positive work ethic 2.2.C
- d Understand different cultures and impact on design and hairstyles 2.2.D
- e Adapt to changes 2.2.E
- f Manage time and resources wisely 2.2.F

Cosmetology State Laws & Licensure 3

1 Cosmetology Laws and Licensing: Gather research and analyze information from the Tennessee Department of Commerce & Insurance-Cosmetology and Barber Examiners to explain important connections to the following: 3.1

- a Sanitation, disinfection, and safety laws: cleaning and disinfecting of implements and equipment, b. cleaning and disinfecting work environment, and sanitary procedures and pathogens 3.1.A
 - b Licensing, certification, and industry credentialing requirements 3.1.B
 - c Legal responsibilities, behaviors, and practices/procedures (ethical vs. unethical, legal vs. illegal) 3.1.C
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Safety, Sanitation, and Efficient Work Practices 4

- 1 Emergencies and Procedures: Define and differentiate possible emergencies and emergency procedures such as universal precautions and blood exposure. Identify decontamination procedures to ensure the safety of the client and/or peers in the classroom and laboratory. 4.1**

- 2 Chemical Safety: Demonstrate proper set-up and operation of equipment and utilization of materials by mixing disinfectants in appropriate proportions according to manufacturer's instructions. Complete training to receive certification for mixing disinfectants such as Barbicide. Clean and maintain implements by using appropriately mixed chemicals and follow procedures for decontamination of tools in accordance with OSHA and EPA guidelines. 4.2**

- 3 Sanitation Procedures: Practice, and critique procedures for maintaining a safe and sanitary environment for clients present in a cosmetology facility. 4.3**
 - a Evaluate government agencies that ensure safety and sanitation for the cosmetology industry. 4.3.A
 - b Identify pathogens common to the salon setting. 4.3.B
 - c Demonstrate proper sanitation and disinfection for the salon to prevent illness, communicable diseases, and injuries. 4.3.C
 - d Complete an instructor-made safety test with 100 percent accuracy. 4.3.D

Properties and Procedures for Hair 5

- 1 Anatomy and Physiology of the Hair: Describe, identify, and analyze the functions, structures, diseases, and disorders of hair. 5.1**
 - a Explain the structures of the hair root and hair shaft. 5.1.A
 - b Identify and evaluate the following: growth cycles of the hair, hair loss causes and treatments, hair disorders, and scalp disorders. 5.1.B

- 2 Properties of Hair and Scalp: Apply concepts related to the properties of the hair and scalp physiology to perform a hair and scalp analysis including the following factors: texture, density, porosity, elasticity, hair growth patterns, and dry or oily hair and scalp. 5.2**

- 3 Properties of Hair Design: Demonstrate concepts related to the properties of hair design to apply the following: 5.3**
 - a Define and give examples of the elements of hair design. 5.3.A
 - b Identify, define, and give examples of the principles of hair design. 5.3.B
 - c Recognize and explain the importance and influence of hair type and texture to a client's hairstyle. Define and explain the changes that influence hairstyles with different combinations of hair types and textures. 5.3.C
 - d Critique each facial shape to devise the best hairstyle for each, explaining the purpose for each hairstyle as it relates to the facial shapes and hair properties. 5.3.D
 - e Perform a client consultation for any given hair service. 5.3.E

4 Proper Scalp Care: Demonstrate or explain the techniques and benefits used in proper scalp care, shampooing, conditioning, and draping as it relates to the following: 5.4

- a Massage and specialized treatments 5.4.A
- b Hair brushing 5.4.B
- c Shampoo and conditioning services 5.4.C
- d Professional draping 5.4.D

5 Basic Hairstyling and Implements: Identify, describe, and effectively demonstrate basic hairstyling techniques and manipulating implements appropriately, include the following, but not limited to: 5.5

- a Sectioning 5.5.A
- b Wet hairstyling 5.5.B
- c Roller curls 5.5.C
- d Comb-Out Techniques 5.5.D
- e Thermal hairstyling 5.5.E
- f Braiding 5.5.F

Properties and Procedures for Skin and Nails 6

1 Anatomy and Physiology of the Skin and Nails: Describe and identify the structures, functions, diseases, and disorders of skin and nails. 6.1

2 Hand, Nail, and Skin Analysis: Perform a hand, nail, and skin analysis for a client. Use sanitary and safety precautions necessary for procedures including proper decontamination and infection control procedures. Demonstrate proper use of implements and equipment for manicure and pedicure procedures. 6.2