

Middle School FCS (2021)

Career Exploration

1 Analyze information about career opportunities to make informed career decisions. CE 1

- 1 Investigate the knowledge and skills associated within the sixteen career clusters. CE 1.1
 - 2 Evaluate potential careers in the Education and Training, Arts, A/V Technology and Communications, Human Services and Hospitality and Tourism career clusters CE 1.2
 - 3 Assess social, economic and technology influences on career choices. CE 1.3
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2 Evaluate employability and soft skills in school, community and workplace settings. CE 2

- 1 Investigate employability and soft skills in school, community and workplace settings. CE 2.1
 - 2 Use service learning or volunteerism to develop employability and soft skills. CE 2.2
 - 3 Develop leadership and teamwork skills. CE 2.3
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3 Create a personal learning plan that incorporate a career path. CE 3

- 1 Analyze career assessment results to explore career cluster options. CE 3.1
 - 2 Develop a personal learning plan needed to achieve individual and career goals. CE 3.2
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Nutrition

1 Investigate careers in the nutrition and wellness industry. NW 1

- 1 Explore knowledge and skills needed for careers in nutrition and wellness related occupations. NW 1.1
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2 Explain the components of individual and family wellness. NW 2

- 1 Describe how food choice decisions affect personal and family wellness. NW 2.1
- 2 Investigate the relationships between physical activity and healthy lifestyles. NW 2.2
- 3 Identify the six main nutrients and their relationship to a healthy lifestyle. NW 2.3
- 4 Describe factors contributing to nutrition-related diseases and disorders. NW 2.4

3 Apply food safety and sanitation practices. NW 3

- 1 Explain common practices that promote safe and sanitary food conditions. NW 3.1
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Human Development**1 Investigate careers in the Education and Training and Human Services clusters.** HD 1

- 1 Explore knowledge and skills needed for careers in Education and Training and Human Services clusters. HD 1.1
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2 Analyze human growth and development. HD 2

- 1 Investigate the stages of human development, birth through adulthood. HD 2.1
 - 2 Analyze how the family contributes to healthy human development. HD 2.2
 - 3 Analyze the impact of social issues and technology on human development. HD 2.3
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3 Analyze practices that promote growth and development. HD 3

- 1 Summarize the areas of human development. HD 3.1
 - 2 Evaluate developmentally appropriate learning activities for all ages. HD 3.2
 - 3 Demonstrate understanding of practices that promote the health and safety of all ages. HD 3.3
 - 4 Understand the roles and responsibilities of a caregiver. HD 3.4
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Healthy Relationships**1 Investigate careers in Human Services and Education and Training** R 1

- 1 Explore knowledge and skills needed for careers in Human Services and Education and Training clusters. R 1.1
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2 Analyze how personal growth influences relationships. R 2

- 1 Explain how personal needs, wants and values affect relationships. R 2.1
 - 2 Summarize the effects of self-esteem, mental health, and self-image within relationships. R 2.2
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3 Analyze skills needed to build and maintain positive relationships. R 3

- 1 Explain the role of positive communication skills in relationships. R 3.1
 - 2 Analyze how personal standards, ethics, and values guide behaviors in relationships. R 3.2
 - 3 Apply problem-solving strategies and decision making to relationship issues. R 3.3
 - 4 Understand strategies to resolve conflicts in relationships. R 3.4
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Textiles**1 Explore career opportunities in textiles and clothing industry.** T 1

- 1 Explore knowledge and skills needed for careers in the textile and clothing industry. T 1.1

2 Demonstrate skills used in textile production. T 2

- 1 Recognize textile production terminology. T 2.1
 - 2 Interpret technical instructions. T 2.2
 - 3 Demonstrate textile production skills. T 2.3
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Interior Design

1 Explore career opportunities in interior design. ID 1

- 1 Explore knowledge and skills needed for careers in interior design. ID 1.1
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2 Demonstrate skills used in interior design. ID 2

- 1 Describe the elements and principles of design used in an interior space. ID 2.1
 - 2 Use space planning guidelines. ID 2.2
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Hospitality and Tourism

1 Explore career opportunities in the hospitality and tourism industry. HT 1

- 1 Explore knowledge and skills needed for careers in the hospitality and tourism industry. HT 1.1
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2 Demonstrate skills, customer service and safety precautions needed in hospitality and tourism. HT 2

- 1 Recognize customer service in the hospitality and tourism industry. HT 2.1
- 2 Identify safety precautions in the hospitality and tourism industry. HT 2.2