

# Grade 2

**Demonstrates competency in a variety of motor skills and movement patterns.** 1

## **Sports Skills and Games**

- 1 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative skills. 1.1.2

## **Dance, Movement, and Rhythmic Activities**

- 2 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative skills in dance, movement, and rhythmic activities. 1.2.2

## **Fitness Activities**

- 3 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative movement skills. 1.3.2

## **Lifetime Activities**

- 4 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative movement skills. 1.4.2

**Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.** 2

## **Movement Concepts**

- 1 Demonstrates a combination of movement concepts into simple travel. 2.1.2

## **Strategies and Tactics**

The outcomes for 2.2. begin in grade 3.

**Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.** 3

## **Fitness Planning**

- 1 Explains the effects of physical activity on the body. 3.1.2

## **Additional Health-Enhancing Behaviors**

- 2 Explains how health-enhancing behaviors influence overall wellness. 3.2.2

**Exhibits responsible personal and social behavior that respects self and others.** 4

## **Self-awareness and management**

- 1 Identifies responsible personal behavior and responds appropriately to feedback in physical activity settings. 4.1.2

## **Social awareness and relationship skills**

- 2 Identifies the importance of personal and social responsibility in physical activity settings. 4.2.2

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**Responsible decision making**

- 3 Identifies strategies to reinforce positive decisions in physical activity settings. 4.3.2
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**Recognizes the value of physical activity for overall wellness, enjoyment, challenge, and/or self-expression. 5**

**Overall Wellness**

The outcomes for 5.1. begin in grade 3.

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**Challenge**

- 2 Identifies reasons physical activity skills are potentially challenging. 5.2.2
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**Self-Expression/Enjoyment**

- 3 Identifies physical activities that provide opportunities for self-expression. 5.3.2
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**Recognizes career opportunities and manages personal and community resources related to physical activity and fitness to achieve and maintain overall wellness. 6**

**Personal and Community Resources**

- 1 Identifies community resources that are available for participation in physical activity. 6.1.2
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**Careers**

The outcomes for 6.2. begin in grade 6.