

# K-2 BPS Dance Standards

## Creating

**7.1** Create shapes at low, middle, and high levels of height and space. CLSD: 1F

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**7.2** Use guided and free improvisation to discover and invent movement CLSD: 2A

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**15.1** Create a sequence with a beginning, middle and end - identify each part CLSD: 2C

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**30.1** Experiment, discover and explore multiple solutions to a particular movement problem/ situation CLSD: 4A

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## Performing

**7.1** Demonstrate the ability to define and maintain personal space CLSD: 1A

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**7.2** Demonstrate the contrast between movement and stillness CLSD: 1B

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**7.3** Demonstrate alignment and a sense of balance CLSD: 1C

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**7.4** Accurately demonstrate four basic locomotor movements such as: walk, run, hop and jump CLSD: 1E

a Demonstrate body directions: left, right, travel forward, travel backward CLSD: 1E

b Combinations of the above CLSD: 1E

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**7.5** Demonstrate movements in straight and curved pathways CLSD: 1G

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**15.1** Accurately demonstrate non locomotor/ axial movements such as bend, twist, stretch, swing CLSD: 1D

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**15.2** Demonstrate kinesthetic awareness in quality of movement CLSD: 1H

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**15.3** Demonstrate CLSD: 2B

a Demonstrate: speed (fast to slow) CLSD: 2B

b Demonstrate: space (large to small) CLSD: 2B

c Demonstrate: energy (weak to strong) CLSD: 2B

d Demonstrate: simple shapes CLSD: 2B

e Demonstrate: level change CLSD: 2B

f Demonstrate: directional change CLSD: 2B

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**15.4** Demonstrate ability to work in a group CLSD: 2C

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**30.1 Demonstrate partnering skills: copying, leading and following, mirroring** CLSD:2C

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**30.2 Perform teacher-directed "sing song movement games" and/ or dances from cultures that reflect children's diversity** CLSD:5A

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**30.3 Demonstrate ways to exercise, stretch and strengthen different parts of the body** CLSD:6D

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## Responding

**7.1 Demonstrate ability to move to a musical beat and respond to changes in tempo** CLSD:1I

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**7.2 Demonstrate appropriate audience behavior.** CLSD:4C

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**7.3 Discuss importance of safety in relationship to dance** CLSD:6C

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**15.1 Demonstrate various emotions through movement (happy, sad, scared, surprised, playful)** CLSD:3A

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**30.1 Listen to music and respond verbally; identify music that has similar emotional content** CLSD:3C

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**30.2 Identify possible personal goals to improve themselves as dancers.** CLSD: 6A

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## Connecting

**7.1 Identify and discuss the emotions of a piece observed live or on video** CLSD:3B

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**7.2 Learn simple body parts** CLSD:7C

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**7.3 Demonstrate understanding of how concepts of ideas from dance relate to other disciplines; both arts and non-arts** CLSD: 7B

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**15.1 Compare and contrast two movement studies in terms of one or more dance elements (space, body shapes, levels, pathways)** CLSD:4B

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**15.2 Discuss how healthy practices (such as nutrition and lifestyle) enhance their ability to dance** CLSD:6B

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**30.1 Compare and contrast how dance is different from and similar to other forms of human movement (i.e sports) and non -human (i.e animals, machine, plant) movement.** CLSD:3D

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**30.2 Identify the cultural origin of movement games and/ or dances they have learned** CLSD:5B

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**30.3 Integrate knowledge and skills from dance and at least one other arts discipline in a group project** CLSD:7A

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