

# Family Dynamics: 9-12

## Orientation UNIT 1

**1 Describe local high school or career and technical center policies and procedures, including dress code, attendance, academic requirements, discipline, lab rules and regulations, and transportation regulations. 1**

- a Give a brief overview of the course, explaining to students what FCS is, why it is important, and how it will be delivered 1.1A

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**2 Explore the leadership skills and personal development opportunities provided to students by student organizations, including FCCLA. 2**

- a Demonstrate effective team-building and leadership skills. 1.2A
- b Practice appropriate work ethics 1.2B
- c Identify the motto, creed, and/or pledge and discuss their meanings. 1.2C
- d Recognize related brand resources (e.g., emblems, colors, official attire, logos, graphic standards, etc.). 1.2D

## Discovering You UNIT 2

**1 Explore personality development in relation to oneself and others. 2.1**

- a Identify forces that shape personality development, including personality traits, heredity, and environment. 2.1A
- b Explain how self-concept influences a person's behavior and relationships with others. 2.1B
- c List ways to improve self-esteem 2.1C

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**2 Identify personal traits that build character. 2.2**

- a Describe positive character traits such as honesty, self-discipline, responsibility, compassion, motivation, and perseverance. 2.2A
- b Explain how a person's character is revealed by his or her behavior 2.2B
- c Identify a list of responsibilities that helps teenagers to become responsible adults. 2.2C

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**3 Describe the role of decision making in setting and attaining goals 2.2.3**

- a Recognize the importance of setting and attaining goals. 2.3A
- b Define short- and long-range goals 2.3B
- c List the steps in the decision-making process. 2.3C
- d Design the goals and strategies for reaching one's potential 2.3D

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**4 Demonstrate the ability to achieve an appropriate balance between self-expression and the practical use of the physical and aesthetic components related to basic human needs (e.g., self-care, clothing, etc.). DOK2 2.4**

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**Discovering Relationships** UNIT 3

**1 Compare and contrast communication techniques. 3.1**

- a Explore communication with sensitivity to anti-biases such as gender, equity, age, culture, and ethnicity 3.1A
- b Discuss social etiquette/netiquette, and the dangers and consequences of technology usage 3.1B
- c Identify the types of communication (e.g., verbal, nonverbal, etc.). 3.1C
- d Demonstrate positive approaches to communication (e.g., “I” messages vs. “You” messages). 3.1D