

Dance: Dance

Level I

Creating

- 1 Demonstrate an understanding of creative/choreographic principles, processes, and structures. **DHSD1.CR.1**
 - a Identify the elements of choreography. **DHSD1.CR.1.A**
 - b Discuss ways to document dance choreography (e.g. photography, video, writing computer programs). **DHSD1.CR.1.B**
 - c Manipulate the elements of personal choreography. **DHSD1.CR.1.C**
 - d Recognize a variety of structures and/or forms (e.g., AB, ABA, cannon, call-response, narrative). **DHSD1.CR.1.D**
- 2 Demonstrate an understanding of dance as a form of communication. **DHSD1.CR.2**
 - a Recognize how the use of choreographic structure is used to communicate meaning in a dance. **DHSD1.CR.2.A**
 - b Demonstrate the use of theme through movement. **DHSD1.CR.2.B**

Performing

- 1 Identify and demonstrate movement elements, skills, and terminology in dance. [DHSD1.PR.1](#)
 - a Execute an introductory level technique-based warm-up such as ballet, modern, jazz, tap, and world dance related to strength, muscular endurance, and flexibility. [DHSD1.PR.1.A](#)
 - b Demonstrate an understanding of basic dance terminology and technique. [DHSD1.PR.1.B](#)
 - c Develop focus, control, and coordination in performing introductory level combinations of locomotor and axial movements. [DHSD1.PR.1.C](#)
 - d Demonstrate kinesthetic awareness through body parts and isolations, and connect the body to one's kinesphere. [DHSD1.PR.1.D](#)
 - e Demonstrate the ability to transfer weight, change direction, and maintain balance. [DHSD1.PR.1.E](#)
 - f Identify dance vocabulary from codified techniques. [DHSD1.PR.1.F](#)
- 2 Understand and model dance etiquette as a classroom participant, performer, and observer. [DHSD1.PR.2](#)
 - a Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment. [DHSD1.PR.2.A](#)
 - b Demonstrate concentration and focus, and help to maintain a respectful performance environment for others. [DHSD1.PR.2.B](#)
 - c Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances. [DHSD1.PR.2.C](#)
 - d Exhibit initiative in modeling appropriate behaviors and skills as an audience member and dance observer, and understand the role of an arts patron. [DHSD1.PR.2.D](#)
- 3 Recognize concepts of anatomy and kinesiology in movement. [DHSD1.PR.3](#)
 - a Understand and execute major muscle principles and proper alignment. [DHSD1.PR.3.A](#)
 - b Recognize that proper alignment facilitates efficiency of movement. [DHSD1.PR.3.B](#)
 - c Understand imagery (ideokinesis) and its ability to increase efficiency of movement. [DHSD1.PR.3.C](#)
 - d Identify basic principles of injury prevention for dance. [DHSD1.PR.3.D](#)
- 4 Understand and apply music concepts to dance. [DHSD1.PR.4](#)
 - a Investigate syncopation, polyrhythms counterpoint, and call-response within instructed and created dance phrases. [DHSD1.PR.4.A](#)
 - b Phrase movements artistically, aesthetically, and musically. [DHSD1.PR.4.B](#)

Responding

- 1 Demonstrate critical and creative thinking in all aspects of dance. **DHSD1.RE.1**
 - a Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure). **DHSD1.RE.1.A**
 - b Observe and formulate opinions about the quality of dances on the basis of formal established criteria. **DHSD1.RE.1.B**
 - c Engage in self-reflection and self-assessment as creator and performer. **DHSD1.RE.1.C**

Connecting

- 1 Understand and demonstrate dance throughout history and in various cultures. **DHSD1.CN.1**
 - a Describe the similarities and differences in dance movement from various cultures and forms. **DHSD1.CN.1.A**
 - b Describe how other arts disciplines are integrated into dance performances. **DHSD1.CN.1.B**
 - c Identify and explore various dance genres and innovations throughout history. **DHSD1.CN.1.C**
 - 2 Recognize connections between dance and wellness. **DHSD1.CN.2**
 - a Explain how health and nutrition enhance dance ability. **DHSD1.CN.2.A**
 - b Define the elements of personal safety in dance. **DHSD1.CN.2.B**
 - c Demonstrate respect for personal well-being and the well-being of others. **DHSD1.CN.2.C**
 - d Describe how dance builds physical and emotional well-being (e.g. positive body imaging, physical goals, creative goals, focus/concentration). **DHSD1.CN.2.D**
 - 3 Demonstrate an understanding of dance as it relates to other areas of knowledge. **DHSD1.CN.3**
 - a Identify and explore various dance genres and innovations throughout dance history and various cultures. **DHSD1.CN.3.A**
 - b Use a variety of resources to investigate dance genres. **DHSD1.CN.3.B**
 - c Identify and explore various dance related professions. **DHSD1.CN.3.C**
 - d Explore the use of media and technology to communicate about and create dance. **DHSD1.CN.3.D**
 - e Explore media and technological tools to enhance dance performance (e.g. lighting, sound). **DHSD1.CN.3.E**
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Level II

Creating

- 1 Demonstrate an understanding of creative/choreographic principles, processes, and structures. **DHSD2.CR.1**
 - a Explore the elements of choreography. **DHSD2.CR.1.A**
 - b Use technology or software to record a dance and/or phrase. **DHSD2.CR.1.B**
 - c Demonstrate the use of choreographic form through short combinations. **DHSD2.CR.1.C**
 - d Manipulate personal and structured dance combinations. **DHSD2.CR.1.D**
 - e Demonstrate and recognize a variety of structures and/or forms (e.g. AB, ABA, canon, call-response, narrative). **DHSD2.CR.1.E**
- 2 Demonstrate an understanding of dance as a form of communication. **DHSD2.CR.2**
 - a Recognize how the use of choreographic structure is used to communicate meaning in a dance. **DHSD2.CR.2.A**
 - b Demonstrate the use of various themes through movement. **DHSD2.CR.2.B**

Performing

- 1 Identify and demonstrate movement elements, skills, and terminology in dance. **DHSD2.PR.1**
 - a Execute a beginner technique-based warm-up such as ballet, modern, jazz, tap, and world dance related to strength, muscular endurance, and flexibility. **DHSD2.PR.1.A**
 - b Execute beginner principles of dance technique with clarity and control for classroom and performance. **DHSD2.PR.1.B**
 - c Execute focus, control, and coordination in performing beginner combinations through the integration of dance elements. **DHSD2.PR.1.C**
 - d Execute the transfer of weight and change of direction while maintaining balance. **DHSD2.PR.1.D**
 - e Understand dance vocabulary from codified techniques. **DHSD2.PR.1.E**
- 2 Understand and model dance etiquette as a classroom participant, performer, and observer. **DHSD2.PR.2**
 - a Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment. **DHSD2.PR.2.A**
 - b Demonstrate concentration and focus, and help to maintain a respectful performance environment for others. **DHSD2.PR.2.B**
 - c Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances. **DHSD2.PR.2.C**
 - d Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer. **DHSD2.PR.2.D**
- 3 Recognize concepts of anatomy and kinesiology in movement. **DHSD2.PR.3**
 - a Identify self-monitoring methods to refine and improve alignment and technical skills. **DHSD2.PR.3.A**
 - b Identify similarities and differences between a progressive, sequential order of warm-up exercises in various dance styles. **DHSD2.PR.3.B**
 - c Apply teacher prompted imagery to increase efficiency of movement. **DHSD2.PR.3.C**
 - d Develop personal practices in preparing for dance class and performance. **DHSD2.PR.3.D**
- 4 Understand and apply music concepts to dance. **DHSD2.PR.4**
 - a Demonstrate various kinds of syncopation, polyrhythms counterpoint, and call-response within instructed and created dance phrases. **DHSD2.PR.4.A**
 - b Phrase movements artistically, aesthetically, and musically. **DHSD2.PR.4.B**

Responding

- 1 Demonstrate critical and creative thinking in all aspects of dance. [DHSD2.RE.1](#)
 - a Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure). [DHSD2.RE.1.A](#)
 - b Observe and formulate opinions about the quality of dances on the basis of established criteria. [DHSD2.RE.1.B](#)
 - c Defend a choreographic work. [DHSD2.RE.1.C](#)
 - d Observe and respond to dance compositions. [DHSD2.RE.1.D](#)
 - e Discuss and identify aesthetic qualities particular to various styles of dance. [DHSD2.RE.1.E](#)
 - f Engage in self-reflection and self-assessment as creator and performer. [DHSD2.RE.1.F](#)

Connecting

- 1 Understand and demonstrate dance throughout history and in various cultures. [DHSD2.CN.1](#)
 - a Create a movement study that illustrates a similarity and/or difference in various cultures and forms. [DHSD2.CN.1.A](#)
 - b Identify and evaluate the contributions and integration of other arts disciplines in dance performance. [DHSD2.CN.1.B](#)
 - 2 Recognize connections between dance and wellness. [DHSD2.CN.2](#)
 - a Identify and explore the capabilities and limitations of the body. [DHSD2.CN.2.A](#)
 - b Identify and explore strategies to prevent dance injuries. [DHSD2.CN.2.B](#)
 - c Identify the effects of healthy and unhealthy practices in dance. [DHSD2.CN.2.C](#)
 - 3 Demonstrate an understanding of dance as it relates to other areas of knowledge. [DHSD2.CN.3](#)
 - a Compare and contrast dance to other art forms. [DHSD2.CN.3.A](#)
 - b Explore commonalities of essential concepts shared between dance and other subject areas. [DHSD2.CN.3.B](#)
 - c Identify career possibilities in dance and dance related fields. [DHSD2.CN.3.C](#)
 - d Demonstrate ability to use media and technology to communicate about and create dance as an art form. [DHSD2.CN.3.D](#)
 - e Explore the use of media and technology to research dance in culture and history. [DHSD2.CN.3.E](#)
 - f Demonstrate ability to use media and technology tools related to dance performance (e.g. light and sound). [DHSD2.CN.3.F](#)
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Level III

Creating

- 1 Demonstrate an understanding of creative/choreographic principles, processes, and structures. **DHSD3.CR.1**
 - a Generate original movement phrases from a variety of sources (e.g. instructor-guided and self-guided improvisation). **DHSD3.CR.1.A**
 - b Manipulate movement phrases using the elements of choreography. **DHSD3.CR.1.B**
 - c Demonstrate various choreographic forms through personal choreography. **DHSD3.CR.1.C**
 - d Demonstrate the use of choreographic form and notation using short combinations. **DHSD3.CR.1.D**
 - e Manipulate personal and structured combinations to create an informal dance work. **DHSD3.CR.1.E**
 - f Demonstrate and recognize a variety of structures or forms (e.g. AB, ABA, canon, callresponse, narrative). **DHSD3.CR.1.F**
- 2 Demonstrate an understanding of dance as a form of communication. **DHSD3.CR.2**
 - a Recognize how the use of choreographic structure is used to communicate meaning in a dance. **DHSD3.CR.2.A**
 - b Identify the use of abstract theme through movement. **DHSD3.CR.2.B**

Performing

- 1 Identify and demonstrate movement elements, skills, and terminology in dance. **DHSD3.PR.1**
 - a Execute an intermediate technique-based warm-up related to strength, muscular endurance, and flexibility. **DHSD3.PR.1.A**
 - b Execute intermediate principles of dance technique with clarity and control for classroom and performance. **DHSD3.PR.1.B**
 - c Execute focus, control, and coordination in performing intermediate combinations through the integration of dance elements. **DHSD3.PR.1.C**
 - d Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus. **DHSD3.PR.1.D**
 - e Understand similarities of movement concepts between codified techniques, and apply appropriate terms and skills for specific movement contexts. **DHSD3.PR.1.E**
- 2 Understand and model dance etiquette as a classroom participant, performer, and observer. **DHSD3.PR.2**
 - a Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment. **DHSD3.PR.2.A**
 - b Demonstrate concentration and focus, and help to maintain a respectful performance environment for others. **DHSD3.PR.2.B**
 - c Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances. **DHSD3.PR.2.C**
 - d Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer. **DHSD3.PR.2.D**
- 3 Recognize concepts of anatomy and kinesiology in movement. **DHSD3.PR.3**
 - a Exhibit use of self-monitoring methods to refine and improve alignment and technical skills. **DHSD3.PR.3.A**
 - b Define, describe, and execute functions of anatomy as they relate to dance styles, and how preparation for different movement styles vary. **DHSD3.PR.3.B**
 - c Apply principles of injury prevention for dance to personal practices in preparing for dance class and performance. **DHSD3.PR.3.C**
- 4 Understand and apply music concepts to dance. **DHSD3.PR.4**
 - a Synthesize musical concepts with self-initiation in instructed and created dance movements and phrases. **DHSD3.PR.4.A**
 - b Demonstrate initiative in phrasing movements artistically, aesthetically, and musically. **DHSD3.PR.4.B**

Responding

- 1 Demonstrate critical and creative thinking in all aspects of dance. **DHSD3.RE.1**
 - a Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure). **DHSD3.RE.1.A**
 - b Observe, critique, analyze, and respond to the quality of dance performances and compositions using specified criteria and appropriate dance terminology. **DHSD3.RE.1.B**
 - c Compare and contrast multiple choreographed works. **DHSD3.RE.1.C**
 - d Describe aesthetic qualities particular to various styles of dance. **DHSD3.RE.1.D**
 - e Propose ways to revise choreography according to established assessment criteria. **DHSD3.RE.1.E**
 - f Engage in self-reflection and self-assessment as a creator and performer. **DHSD3.RE.1.F**
 - g Defend and/or justify the similarities and differences between observing live and recorded dance performances. **DHSD3.RE.1.G**

Connecting

- 1 Understand and demonstrate dance throughout history and in various cultures. **DHSD3.CN.1**
 - a Analyze the role and significance of dance in social, historical, cultural, and political contexts. **DHSD3.CN.1.A**
 - b Compare and contrast classical dance forms. **DHSD3.CN.1.B**
 - c Compare and contrast theatrical forms of dance. **DHSD3.CN.1.C**
 - d Compare and contrast twentieth century forms of dance. **DHSD3.CN.1.D**
 - e Analyze the development of dance from the Renaissance through the romantic periods focusing on the purpose of dance, dance genres, artistic conflicts and resolutions, significant contributors, and innovations. **DHSD3.CN.1.E**
 - f Execute movement from various cultural dance genres. **DHSD3.CN.1.F**
 - 2 Recognize connections between dance and wellness. **DHSD3.CN.2**
 - a Compare and contrast the effects of healthy and unhealthy practices in dance. **DHSD3.CN.2.A**
 - b Identify and explore the capabilities and limitations of the body. **DHSD3.CN.2.B**
 - c Explore historical and cultural images of the body in dance and compare these images to images of the body in contemporary media. **DHSD3.CN.2.C**
 - d Demonstrate how personal discipline is necessary to achieve success in meeting personal goals. **DHSD3.CN.2.D**
 - 3 Demonstrate an understanding of dance as it relates to other areas of knowledge. **DHSD3.CN.3**
 - a Compare and contrast dance to other art forms. **DHSD3.CN.3.A**
 - b Explore commonalities of essential concepts shared between dance and other subject areas. **DHSD3.CN.3.B**
 - c Identify career possibilities in dance and dance related fields. **DHSD3.CN.3.C**
 - d Utilize technological tools to discover current trends in the global dance environment. **DHSD3.CN.3.D**
 - e Demonstrate skill in the use of media and technology related to dance performance (e.g. lighting, sound). **DHSD3.CN.3.E**
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Level IV

Creating

- 1 Demonstrate an understanding of creative/choreographic principles, processes, and structures. **DHSD4.CR.1**
 - a Generate original movement phrases from a variety of sources (e.g. instructor and selfguided improvisation). **DHSD4.CR.1.A**
 - b Manipulate movement phrases using the elements of choreography. **DHSD4.CR.1.B**
 - c Demonstrate various choreographic forms through both personal and group choreography. **DHSD4.CR.1.C**
 - d Demonstrate the use of choreographic form and notation using long combinations. **DHSD4.CR.1.D**
 - e Manipulate structured personal and group combinations to create a formal dance work. **DHSD4.CR.1.E**
 - f Demonstrate a variety of structures or forms (e.g. AB, ABA, cannon, call-response, narrative). **DHSD4.CR.1.F**
- 2 Demonstrate an understanding of dance as a form of communication. **DHSD4.CR.2**
 - a Recognize how the use of choreographic structure is used to communicate meaning in a dance. **DHSD4.CR.2.A**
 - b Identify and demonstrate the use of theme through movement. **DHSD4.CR.2.B**
 - c Demonstrate the use of props as an extension of theme. **DHSD4.CR.2.C**

Performing

- 1 Identify and demonstrate movement elements, skills, and terminology in dance. **DHSD4.PR.1**
 - a Execute an advanced technique-based warm-up such as ballet, modern, jazz, tap, and world dance related to strength, muscular endurance, and flexibility. **DHSD4.PR.1.A**
 - b Execute advanced principles of dance technique with precision for classroom and performance. **DHSD4.PR.1.B**
 - c Execute focus, control, and coordination in performing complex combinations through the integration of dance elements. **DHSD4.PR.1.C**
 - d Refine the ability to transfer weight, change direction, and maintain balance in a dynamic movement context without losing focus. **DHSD4.PR.1.D**
 - e Synthesize knowledge of dance vocabulary from codified techniques. **DHSD4.PR.1.E**
- 2 Understand and model dance etiquette as a classroom participant, performer, and observer. **DHSD4.PR.2**
 - a Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment. **DHSD4.PR.2.A**
 - b Demonstrate concentration and focus, and help to maintain a respectful performance environment for others. **DHSD4.PR.2.B**
 - c Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances. **DHSD4.PR.2.C**
 - d Exhibit leadership skills in modeling appropriate behaviors and skills as an audience member and dance observer. **DHSD4.PR.2.D**
- 3 Recognize concepts of anatomy and kinesiology in movement. **DHSD4.PR.3**
 - a Exhibit use of self-monitoring methods to refine and improve alignment and technical skills. **DHSD4.PR.3.A**
 - b Define, describe, and execute the physiological demands of different dance techniques and repertoire, and how to prepare for those demands within rehearsals and performances. **DHSD4.PR.3.B**
 - c Engage in self-directed learning strategies to increase accuracy, precision, artistry, and expressiveness. **DHSD4.PR.3.C**
 - d Apply principles of injury prevention for dance. **DHSD4.PR.3.D**
- 4 Understand and apply music concepts to dance. **DHSD4.PR.4**
 - a Synthesize musical concepts with self-initiation in instructed and created dance movements and phrases. **DHSD4.PR.4.A**
 - b Demonstrate initiative in phrasing movements artistically, aesthetically, and musically. **DHSD4.PR.4.B**

Responding

- 1 Demonstrate critical and creative thinking in all aspects of dance. **DHSD4.RE.1**
 - a Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure). **DHSD4.RE.1.A**
 - b. Observe, critique, analyze, and respond to the quality of dance performances and compositions using specified criteria and appropriate dance terminology. **DHSD4.RE.1.B**
 - c Compare and contrast multiple choreographed works. **DHSD4.RE.1.C**
 - d Describe and demonstrate aesthetic qualities particular to various styles of dance. **DHSD4.RE.1.D**
 - e Propose ways to revise choreography according to established assessment criteria. **DHSD4.RE.1.E**
 - f Engage in self-reflection and self-assessment as a creator and performer. **DHSD4.RE.1.F**
 - g Defend and/or justify the similarities and differences between observing live and recorded dance performances. **DHSD4.RE.1.G**

Connecting

- 1 Understand and demonstrate dance throughout history and in various cultures. **DHSD4.CN.1**
 - a Analyze the role and significance of dance in social, historical, cultural, and political contexts. **DHSD4.CN.1.A**
 - b Analyze dance styles of important twentieth century choreographers. **DHSD4.CN.1.B**
 - c Understand similarities and differences between contemporary forms of dance. **DHSD4.CN.1.C**
 - d Evaluate the development of dance during the twentieth century and contemporary eras focusing on the purpose of dance, dance genres, styles, artistic conflicts and resolutions, significant contributors, and innovations. **DHSD4.CN.1.D**
 - e Execute movement from various cultural dance genres. **DHSD4.CN.1.E**
- 2 Recognize connections between dance and wellness. **DHSD4.CN.2**
 - a Communicate how lifestyle choices affect the dancer. **DHSD4.CN.2.A**
 - b Analyze the historical and cultural images of the body in dance and compare these to images of the body in contemporary media. **DHSD4.CN.2.B**
 - c Discuss challenges facing a performer in maintaining a healthy lifestyle. **DHSD4.CN.2.C**
 - d Assess consequences of personal actions, and commitment and discipline necessary to achieve dance goals. **DHSD4.CN.2.D**
- 3 Demonstrate an understanding of dance as it relates to other areas of knowledge. **DHSD4.CN.3**
 - a Understand and demonstrate how media and technology can reinforce, enhance, and/or alter a specified dance concept and performance setting. **DHSD4.CN.3.A**
 - b Utilize technological tools to educate and advocate current trends in the global dance environment. **DHSD4.CN.3.B**
 - c Understand how technology can reinforce, enhance, and/or alter the dance concept and performance setting **DHSD4.CN.3.C**